以下の 2 つの英文を読み、それぞれ 180 字から 220 字の日本語で要約し、解答用紙に記入しなさい。

# 1. Generation Z is Making a Difference

What does it mean to become an adult? For decades, many individuals have believed that it meant you can start drinking alcohol if you want to. According to a recent international newspaper article [1], however, the younger generation in the United States, called Generation Z, is not following that long-held tradition. For them, sobriety or a "sober curious" lifestyle is considered as trendy. That means they are either drinking a lot less or not at all.

In fact, this trend created by young people is impacting the whole nation. The same article states that "a higher number of Americans than ever now say that consuming one to two drinks a day is unhealthy, up 11% from 2018." Imagine a society in which the younger generation is not afraid to break the mold created by an older generation. They are making a healthy lifestyle and mental health awareness a priority and a norm. Perhaps, a part of becoming an adult means that you make your own healthy life choices independently without conforming to peer or societal pressure.

Note:

1. Sober as a college student? Why Gen Z shrugs at alcohol. Retrieved from: https://www.csmonitor.com/The-Culture/2024/0102/Sober-as-a-college-student-Why-Gen-Z-shrugs-at-alcohol (accessed August 30, 2024).

# 2. Cybercrime

According to *The Japan Times*, cyber-attacks across the nation are on the rise. This has been observed by the Japan National Police Agency, which reported that over 230 ransomware attacks occurred in 2022, up 84 from the previous year. Ransomware, which is a form of malware used by cybercriminals to make data unusable, can bring operations at a company heavily dependent on computer systems to a stop unless sensitive information is handed over, or money is paid to bring systems back online. Examples of such attacks are increasingly reported in the news. In July of 2023, Japan's largest seaport, the Port of Nagoya, was hacked using ransomware called Lockbit 3.0, a Russia-based cybercrime organization. The cyberattack forced a halt to all operations for three days, affecting an estimated 15,000 containers and related businesses, including Toyota. However, businesses like Toyota or trading ports like the Port of Nagoya are not the only targets for experienced cybercriminals. They may also attack schools, department stores, and medical care facilities. A case in point involved Osaka General Medical Center, which suffered a ransomware attack on their electronic medical record system in October 2022. Only a year previous to that, Handa Hospital in Tokushima Prefecture was attacked and subsequently left unable to carry out regular medical services for approximately two months. Given the alarming rate at which cybercrime is evolving, becoming increasingly sophisticated and destructive, it is a must for Japan to start taking stricter measures to stop its spread. Software and operating systems must be constantly updated. Anti-virus software must be installed and used widely. Also, strong passwords nearly impossible to guess or steal must be used. Perhaps in doing so, Japan could become a leader in the fight against such crime which ultimately, in either small or big ways, affects us all.